DST Setting / Module : 3239/3240

Firstly, make sure it is in the <u>Timekeeping Mode.</u>

<Timekeeping Mode Screen>

Day of week

Current Time
Year Month-Day

To return to the Timekeeping Mode, hold down Ⓒ for about one second.

1.

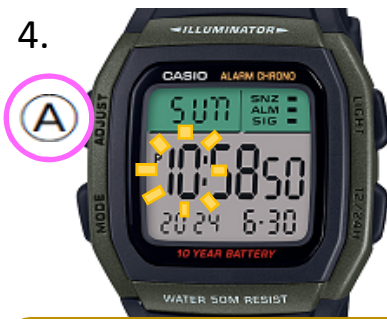In the Timekeeping Mode, hold down Ⓐ until the seconds start to flash .

2.

Press Ⓒ once.

3.

While the hour digits are flashing, press Ⓓ to change the number.

4.

Press Ⓐ to return to the Timekeeping Mode.